

## Advance Diploma In Beautician

SR.NO	NAME OF PAPER	SUBJECT TYPE	TOTAL MARKS	MINIMUM MARKS
1	GROOMING, HYGIENE & SAFETY	THEORY	100	40
2	KEARTIN	THEORY	100	40
3	MANICURE & PEDICURE	THEORY	100	40
4	BASIC HAIRCUTS	THEORY	100	40
5	UNDERSTANDING SKIN TYPE & ANALYSIS	THEORY	100	40
6	HAIR ART & BRIDAL HAIR STYLING	THEORY	100	40
7	HAIR SPA & HAIR TREATMENTS	THEORY	100	40
8	GREY COVERAGE & ROOT TOUCHUPS	THEORY	100	40
9	CLEANSING & TONING PRACTICE	THEORY	100	40
10	TREATMENTS FOR HAIR FALL & DANDRUFF	THEORY	100	40
11	BLOW DRYING & HEAT STYLING	THEORY	100	40
12	HAND AND FEET MASSAGE	THEORY	100	40
13	PERSONALITY DEVELOPMENT	PRACTICAL	200	100
14	CLEANSING & AND TONING PRACTICE-II	PRACTICAL	200	100
15	PRACTICAL WORK	PRACTICAL	200	100
16	EVENT PLANNING & MANGEMENT	PRACTICAL	500	250

# Advance Diploma In Beautician

## SECTION A

### GROOMING, HYGIENE & SAFETY

1. What are the basics of grooming?
2. Why is it important to apply safety and hygiene practices in the workplace?
3. What is proper grooming and hygiene?
4. Why is hygiene and good grooming important?

### KERATIN

1. What does keratin do for hair?
2. How often should you do keratin treatment?
3. What are the main functions of keratin?
4. What are the disadvantages of keratin hair treatment?

### MANICURE & PEDICURE

1. What is included in manicure and pedicure?
2. What are the do's and don'ts of pedicure?
3. How many types of pedicure and manicure are there?
4. What are the distinguishing factors in manicure and pedicure?

## SECTION B

### BASIC HAIRCUTS

1. What are the 3 main techniques used in haircutting?
2. What are the basic principles in haircutting?
3. What are the basic haircut styles for ladies and gents?
4. Why are angles important in haircutting?

# **Advance Diploma In Beautician**

## **UNDERSTANDING SKIN TYPE & ANALYSIS**

1. Why is it important to understand your skin type?
2. What are the five basic skin types?
3. What type of skin is sensitive?
4. How to analyzing the skin type?

## **HAIR ART & BRIDAL HAIR STYLING**

1. What do mean by hair art and hair styling?
2. what is different betwwen normal and bridal hair styling?
3. Why hair art is so demanded in boys as compare to girls?
4. what are the types of hair styles?

### **SECTION C**

## **HAIR SPA & HAIR TREATMENTS**

1. Is hair treatment and hair spa same?
2. How long will hair spa last?
3. Do and don'ts after hair spa?
4. Which treatment is best for hair spa?

## **GREY COVERAGE & ROOT TOUCHUPS**

1. How do you cover hot roots when covering gray?
2. What's the best hair color brand for covering gray hairs?

## **Advance Diploma In Beautician**

- 3.How often can you use root touch up?
4. How do you touch up grey roots without ruining highlights?

### **CLEANSING & TONING PRACTICE**

- 1.What is cleansing and toning?
- 2.How do you perform a CTM process?
3. What order do you cleanse tone and exfoliate?
4. What are the benefits of cleanser and toner?

### **SECTION D**

### **TREATMENTS FOR HAIR FALL & DANDRUFF**

- 1.How can I stop hair fall and dandruff ?
- 2.What lack of vitamin causes hair loss?
- 3.Which shampoo is best for dandruff and hair fall?
- 4.How to reduce hair fall and dandruff through home remedies?

### **BLOW DRYING & HEAT STYLING**

- 1.What is blow dry and style?
- 2.Does a blow dry include styling?
- 3..Heat styling is benefical for growth of hairs?
4. Is blow-drying the same as hair drying?



# Advance Diploma In Beautician

## HAND AND FEET MASSAGE

1. What are the benefits of a hand and foot massage?
2. What illnesses can reflexology treat?
3. What is the difference between massage and reflexology?
4. which techniques are use for hand and feet massage?

### SECTION E

#### PART 1

#### Q1. FILL IN THE BLANKS:

(M.M-10)

1. Normal skin has Ph of about \_\_\_\_\_.
2. Regular practice of \_\_\_\_\_ removes all minor deformities of back
3. A regular intake of \_\_\_\_\_ is essential to maintain good health.
4. Most hair conditioners contain positively charged molecules called \_\_\_\_\_ surfactants.
5. Violet color governs the \_\_\_\_\_ chakra in the body. This color helps in decision making process
6. \_\_\_\_\_ Manicure is differentiated by regular manicure due to different way of application of nail paint.
7. The word manicure is derived from \_\_\_\_\_ word "manus".
8. \_\_\_\_\_ are placed on the nail into wet polish.
9. To attach a nail \_\_\_\_\_, a hole is drilled in nail art.
10. \_\_\_\_\_ is made from tiny strips of foils that are available in many colors.

#### PART 2

#### Q2. MCQ:-

(M.M-10)

*1..Improperly sanitized pedicure basins may cause:*

- A. Onychorrhex
- B. Leuconychia
- C. Nevus
- D. Tinea pedis

# Advance Diploma In Beautician

**2. The scientific study of hair and its diseases and care is called:**

- A. Trichology
- B. Trichoptilosis
- C. Hypertrichosis
- D. Keratinization

**3. The art of beautifying the hair, skin, and nails is known as:**

- A. Biology
- B. Cosmetology
- C. Scientology
- D. Dermatology

**4. The care of the hands and nails is known as:**

- A. Handshall
- B. Footshall
- C. Manicure
- D. Pedicure

**5. The layer of the hair that provides strength and elasticity is the:**

- A. Cortex
- B. Cuticle
- C. Follicle
- D. Medulla

**6. If the cuticle is lifted, allowing the hair to take color quickly, the hair is said to have:**

- A. Average porosity
- B. No porosity
- C. Low porosity
- D. High porosity

**7. Haircolor levels are arranged on a scale from:**

- A. 1-5
- B. 1-10
- C. 1-100
- D. 0-14

**8. Hair color tones can be described as:**

- A. Warm, neutral, or hot
- B. Warm, neutral, or cool
- C. Cool, neutral, or ever
- D. Cool, warm, or primary

**9. Colors that are described as sandy or tan are considered.**

- A. Natural tones
- B. Primary tones
- C. Artificial tones

# Advance Diploma In Beautician

D. Cool tones

**10. The 3 forms of hair lighteners are:**

A. Oil, powder, and cream

B. Oil, cream, and lotion

C. Powder, foam, and oil

D. Cream, powder, and foam

**Q3. Short answer type questions**

**(M.M-20)**

1. What is grooming with example?
2. What are the types of grooming?
3. What are the 2 functions of keratin?
4. Where is keratin mostly found?
5. Which chemical is used in manicure and pedicure?
6. What is a basic haircut?
7. What are the different types of hair layers?
8. What hair color best covers grey?
9. What is called hair styling?
10. What is a Gel Manicure?

**Q4. Long answer type questions**

**(M.M-30)**

1. Describe difference between beautician and cosmetology in details?
2. Explain the types of personality development and why is important in beautician?

**Q5. VIVA**

**(M.M-20)**