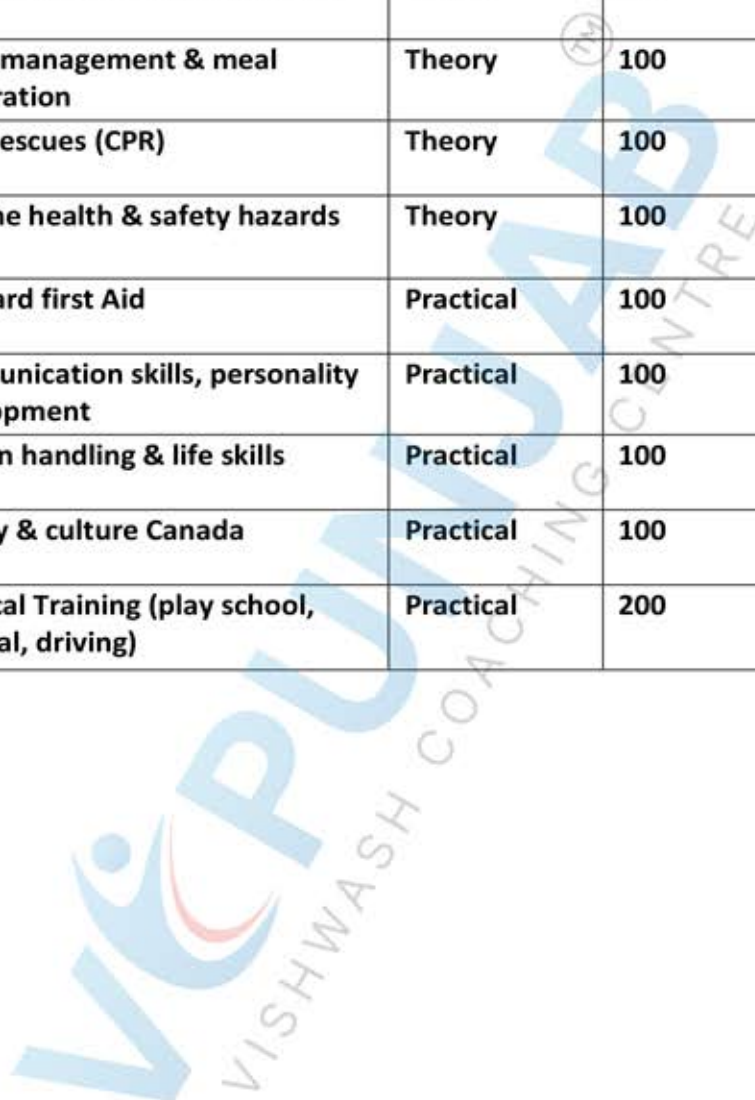


DIPLOMA IN NANNY CARE & NUTRITION

Paper	Name of paper	Subject Type	Total Marks	Min Marks
I	Child care/ Elderly care/Disabled care	Theory	100	40
II	Home management & meal preparation	Theory	100	40
III	Basic rescues (CPR)	Theory	100	40
IV	Hygiene health & safety hazards	Theory	100	40
V	Standard first Aid	Practical	100	50
VI	Communication skills, personality development	Practical	100	50
VII	Kitchen handling & life skills	Practical	100	50
VIII	History & culture Canada	Practical	100	50
IX	Practical Training (play school, hospital, driving)	Practical	200	100



SECTION-A

CHILD CARE/ELDERLY CARE/DISABLED CARE

1. How to care a new born baby-Post & Pre preparations, Precautions, care
2. Growth & Development of a child
3. Learn to Mini parenting of Children with Disabilities- growth & development, nutrition of a disabled Child.
4. Develop the skills to meet Individual care needs.

HOME MANAGEMENT & MEAL PREPARATION

1. Learn how to manage a care home team.
2. Study the procedures involved in ensuring a safe and secure environment.
3. Prepare the schedule & manage types and qualities of meal.
4. Meal planning & nutrition.

SECTION-B

BASIC RESCUES

1. Learn how to inspire children from some natural & unpredictable situations.
2. How to prevent sudden fire.
3. How to tackle heavy rainfall or hailstorms.
4. To secure from Earthquakes.

HYGIENE HEALTH & SAFETY HAZARDS

1. Personal hygiene.
2. Hygiene environment.
3. Basic nutrition.
4. Nutritional needs of children.

SECTION-C
STANDARD FIRST AID

1. Safety issues for Children.
2. CPR & first aid training.
3. Handling common child healthcare issues.
4. Familiarizing with common child problems.
5. Bathing & dressing.

COMMUNICATION SKILLS & PERSONALITY DEVELOPMENT

1. Communication skills, English or local language.
2. Importance of pronunciation early childhood.
3. Development of language skills.
4. Developmental characteristics of different age group of children.

KITCHEN HANDLING & LIFE SKILLS

1. The correct ways of food handling & storage.
2. Correct methods of cleaning & sanitizing.
3. Potential hygiene risks.
4. Encourage children to improve their life style & hidden talents.

SECTION-D

HISTORY & CULTURE OF CANADA

1. To know about the history background of Canada.
2. To know & learn about the international culture.

PRACTICAL TRAINING

1. Play schools
2. Hospitals



ASSIGNMENTS

TOTAL MARKS: - 100

Q.1 MCQ's

(M.M-20)

1. Which of the following stage marks the involvement of children in their peer groups?
a) Adulthood b) Childhood c) Adolescence d) Early childhood
2. Which of the following is one of the three types of analysis of pedagogy in education?
a) Pedagogical analysis of beliefs
b) Pedagogical analysis of the subject
c) Pedagogical analysis of emotions
d) None of the above
3. Which of the following is a teacher related factor affecting learning?
a) Mastery over the subject matter
b) Proper seating arrangement
c) Availability of teaching-learning resources
d) None of the above
4. A teacher can identify a stressed child when the child shows the following behavior?
a) Aggressive behavior
b) Full concentration in studies
c) Excessive talking
d) Hyperactivity
5. 'Mind Mapping' refers to
a) A technique to enhance comprehension
b) A plan of action for an adventure
c) Drawing the picture of a mind
d) Researching the function of the mind
6. Which of the following is considered a sign of motivated teaching?
a) Maximum attendance in the class
b) Remedial work is given by the teacher
c) Questioning by students
d) Pin drop silence in the class
7. The disease 'Dyslexia' is associated with
a) Mathematical disorder
b) Behavioral disorder
c) Mental disorder

d) Reading disorder

8. Which of the following is not considered a sign of being gifted?

- a) Creative ideas
- b) Novelty in experience
- c) Fighting with others
- d) Curiosity

9. Four distinctive stages of children's cognitive development are identified by

- a) Piaget
- b) Skinner
- c) Erikson
- d) Kohlberg

10. Human personality is the result of which of the following

- a) Only heredity
- b) Upbringing and education
- c) Interaction between heredity and environment
- d) Only the environment

Q.2 Short answer type questions

(M.M-40)

1. How long have you been caring for children
2. Do you prefer to care for one age group over another? Why
3. What do you think are the qualities needed to be a good nanny?
4. What would you do if a child was choking?
5. What kind of food would you cook for our children?
6. How do you react to temper tantrums?
7. How would you make a certain task exciting or easier for a child who doesn't like it?
8. Are you willing to get or have you had CPR and baby first-aid training?
9. How do you see a nanny's role changing as the children get older?
10. What kind of educational activities would you provide a child of X age group?

Q.3 Long answer type questions

(M.M-40)

1. What are the qualities needed to be a good nanny? Explain briefly.
2. What are the main duties of a nanny?
3. What duties do you expect your nanny to carry out on a day-to-day basis?
4. What are the skills for being a nanny?
5. How communication skills are important to be nanny? & Why?

